Acute sinusitis

(For adults and children aged 12 years and over)

Exclude: immunosuppressed individuals, chronic sinusitis (symptoms that last for more than 12 weeks), pregnant individuals under 16 years of age

Acute sinusitis is usually caused by a virus and is only complicated by bacterial infection in about 2 in 100 cases. It takes 2-3 weeks to resolve and most people will get better without antibiotics. Please share NICE information for the public.

