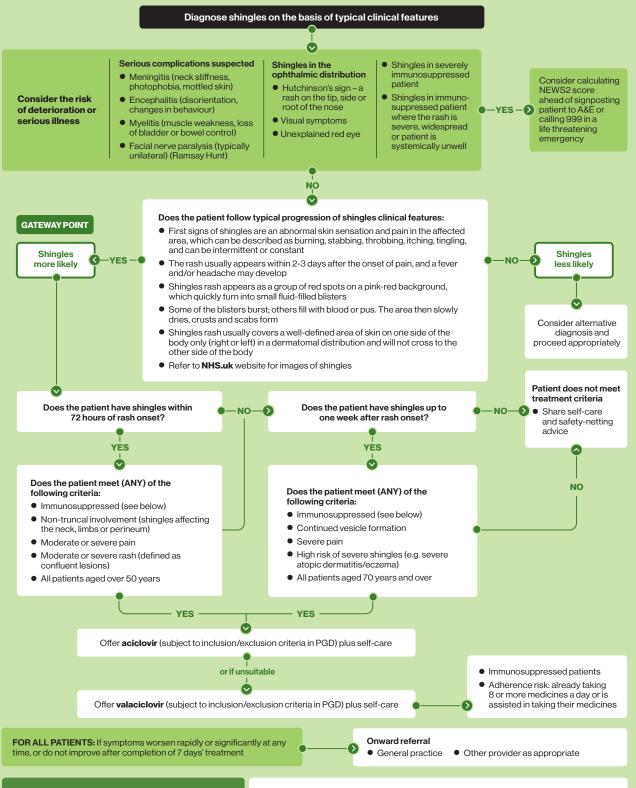
Shingles

(For adults aged 18 years and over) Exclude: pregnant individuals



FOR IMMUNOSUPPRESSED PATIENTS:

- Offer treatment if appropriate and call patient's GP or send 'urgent for action' email if out of hours to notify supply of antiviral and request review by GP
- Advise patient, if symptoms worsen rapidly or become systemically unwell, or the rash becomes severe or widespread – attend A&E or call 999

FOR ALL PATIENTS:

- Share self-care and safety-netting advice using British Association of Dermatologists Shingles leaflet
- For pain management recommend a trial of paracetamol, an NSAID such as ibuprofen, or co-codamol over the counter. If this is not effective, refer patient to general practice
- Signpost eligible individuals to information and advice about receiving the shingles vaccine after they have recovered from this episode of shingles